

DIFFERENT STRAINS, DIFFERENT PEOPLE.

Cannabis has a range of effects, from sedative, to stimulating, which doesn't suit the conventional medicine development pathway. It does however lead to individualized medicine where effects can be optimized for a specific patients needs, even at different times of the day.

In addition to the well known effects of the main Cannabinoids, THC and CBD, there is a host of other active ingredients within Cannabis that can make the effects of various strains unique and preferable for patients with differing conditions. This fact means that finding the "optimal" strain doesn't lend itself to Clinical trials.

Indica

ABB

Afghan Big Bud

My name is Oliver, I live with severe Arthritis, anxiety, depression and insomnia. For arthritis pain and insomnia I prefer Afghani Big Bud which takes the edge off the discomfort of arthritis and has a sedative effect which is useful in the evenings for my Insomnia. None of my prescribed sleeping medications work as well as Cannabis, as I am prone to developing tolerance rapidly to sleeping pills.

Hybrid

Bg

Bubble Gum

My name is Michelle. I have Fibromyalgia, Chronic Myofascial pain, Chronic fatigue syndrome, Raynaud's syndrome, and Costochondritis and PTSD with associated anxiety. My preferred strain is bubblegum or Afghan Kush, Because they ease my many forms of pain and allow me to sleep better. They both have less side effects than Gabapentin or Methadone that I have been prescribed.

Indica

Afk

Afghan Kush

My Name is Ian. I suffer with chronic pain, fibromyalgia, and costal neuralgia. I prefer a Kush strain, as it helps to reduce my perception of pain a lot, where Opiates and Benzos and other have had too many unwanted side effects.

Sativa

Rbc

Raspberry Cough

My name is Rob, I have Complex Regional Pain Syndrome, uncontrollable muscle spasms, Irritable bowel Syndrome and Prostate Cancer. My preferred strains are Raspberry Cough which almost instantly gives muscle relief, and early girl which helps me get a good night's sleep. Unfortunately I haven't been able to source these recently. For me this is my only choice in medication as I am allergic to opiates, and have also seizures using other medications like tramadol, gabapentin, noritrypline and so on

Many patients can only obtain generic "bush" which is of unknown strength and ratio of the relative cannabinoids. When MCANZ researched this topic many patients described experiencing finding a "super strain" that they feel was optimized for their condition, which they were only ever able to obtain the once. Others, having discovered what works for them, have often resorted to importing seeds directly to ensure the genetics, or have tapped into the network of "Green Fairies" to trade and obtain cuttings of known origin. It is this network which has seen an explosion in demand of lower THC plants at odds with the typical illicit market, as patients seek less psycho-activity such as from "balanced" strains, and repeatable results for long term use in treating chronic conditions, which is not typically possible in the illicit market.

Sativa

Cw

Charlotte's Web

My name is John and I use a strain called Charlotte's Web. The Charlotte's Web has not just eased old aches and pains, but deals to significant chronic pain I suffer from a decades old spinal injury, so I can live mostly pain free. It also improves my mood, (chronic pain is terribly depressing) and helped me eliminate Opioids from my daily medication list.

Indica

Cbs

CBD Shark

My name is Kye and I suffer from Psychogenic nonepileptic seizures due to PTSD. My preferred strain is anything with a balanced 1:1 THC/CBD ratio. This ratios works to relieve my PTSD symptoms and remove physical stresses in my body that would usually trigger a tonic-clonic seizure. No other prescribed medication has been able to achieve control of this condition.



 /MCANewZealand/

 @MCAwarenessNZ

 mcawarenessnz.org/